Camino de Santiago Santiago 14th - 21st Sept 2025



COMEJOIN ME TO WALK THE CAMINO DE SANTIAGO!

Of all the challenges I have undertaken for my charity, I would have to say this is the one I am most excited about, I have always wanted to walk the Camino de Santiago for a variety of reasons.

The opportunity to walk a pilgrim route that is over a thousand years old and steeped in so much history, to disconnect to reconnect with yourself, to meet all manner of wonderful and interesting people on the Camino, to experience another culture and view some incredible landscapes and historical buildings, to raise vital funds for our Children's Hospice Service, to walk in nature and take time out to nurture yourself are some of the reasons I am motivated to walk, but the main one has to be for my son Alexander, to walk in his memory....

If you feel that you would like to set yourself, not just a physical challenge but a personal one too, join me on this authentic, beautiful, insightful and transformative journey.

Please do get in touch.

Best wishes

Fiona Devine MBE
Chief Executive and Founder





WHO WE ARE

Alexander Devine Children's Hospice Service is a local charity that provides specialist care and vital support to children with life-limiting and life-threatening conditions, and their families, across Berkshire and into surrounding counties.



Alexander Devine

VISION & AIMS

We deliver palliative

care to children and

families through an holistic approach that

meets the individual

Our vision is to provide

surrounding counties

that will give children and families the choice of care and support

from a skilled and

dedicated team.

needs of each child

and their family.

a service within Berkshire and into John and Fiona Devine set up the charity in memory of their extraordinary little boy who in early 2006, aged just eight, sadly passed away from a rare brain tumour. Their personal experience, and subsequent extensive research. led them to realise that there was a vital need for a local children's hospice service with a hospice facility in Berkshire.

OUR MISSION

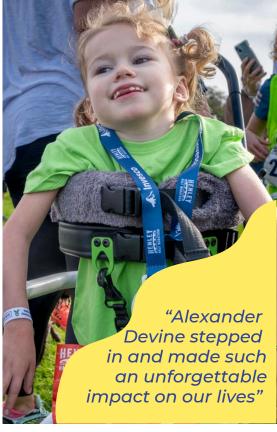
Reaching out to every child and family that needs us. offering support and care from people who

understand



children and families currently supported by **Alexander Devine**

children in Berkshire and the surrounding counties with life-limiting or lifethreatening conditions and research shows that this number is likely to increase by a further 11% by 2030



THE NEED FOR OUR SERVICE HAS NEVER BEEN GREATER

THE ITINERARY:

Day 1 - Sunday

- Fly from UK to Porto
- Taxi Transfer to overnight accommodation in Tui
- Stay in Tui

Day 2 - Monday

We will start walking in the morning, to our first overnight stop in Porinno. In the evening the group walk to the cathedral to collect 'Credencial' record cards. The cathedral is a significant stop for pilgrims, and it's architecture and surroundings are quite captivating. Dinner will include an evening briefing by our guides to discuss the group's plans. Routines are important on the Camino and we will prepare ourselves that evening for a swift morning departure the next day.

Overnight stay: O Porriño to Cesantes

Daily Walking: 5km / 3 miles

Day 3 - Tuesday

The walk from O Porriño to Cesantes takes us through more of the beautiful Galician countryside and local communities. There are many lunch options in the town of Redondella and it's worth a stop in the town which is well served with supermarkets and pharmacies. We divert from the Camino for a few kilometres for the opportunity to paddle in the ocean to soothe our feet. Cesantes itself is a coastal village located by the Vigo estuary, so we can look forward to some scenic views as we approach our destination.

Overnight stay: Cesantes

Daily Walking: 19km / 12 miles



Day 4 - Wednesday

This morning we will cross the spectacular medieval bridge at Ponte Sampaio. Pontevedra is a historic city known for its medieval architecture, charming squares, and pedestrian-friendly streets. The Church of Santa Maria la Mayor, is also a stunning example of Galician Romanesque architecture. The city's historic centre is a great place to explore, with its narrow alleys and bustling atmosphere. Today is a good opportunity to sightsee or take stock/rest a little and do some laundry.

Overnight stay: Pontevedra

Daily Walking: 16km / 10 miles

Day 5 - Thursday

Today, why not visit Brother Carlos for a pilgrim blessing at Parroqia? In the early afternoon, the Camino route goes close to the Natural Park of the Rio Barosa Waterfalls which is well worth a visit. Finally, our walk will lead us to Caldas de Reis, a town famous for its thermal springs, providing a relaxing atmosphere for tired pilgrims. The roman bridge here is very impressive. We will meet in the evening for traditional tapas and local delicacies of Octopus (Polpo). This evening you can decide if you would like to extend your day tomorrow to stay at the Monasterio de Herbon.

Overnight stay: Caldas de Reis

Daily Walking: 21km / 13 miles

Day 6 - Friday

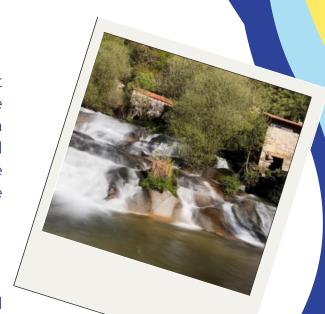
Today, some of us will make the journey to stay at Padrón, a town associated with the Camino de Santiago and the apostle St. James. Here, you can visit the Church of Santiago and other historical sites related to the pilgrimage. Others may choose to extend their journey to stay at the Monasterio de Herbón.

Overnight stay: Padron or Herbón

Daily Walking - 18km / 11 miles (plus optional extension)

Sign Up Now!

extension)



THE ITINERARY:

Day 7 - Saturday



The longest day so an early start is essential. The final walk to Santiago de Compostella is a gradual but sustained climb following the well-marked Camino de Santiago signs. The path will take us through rural landscapes, charming villages, and quiet roads.

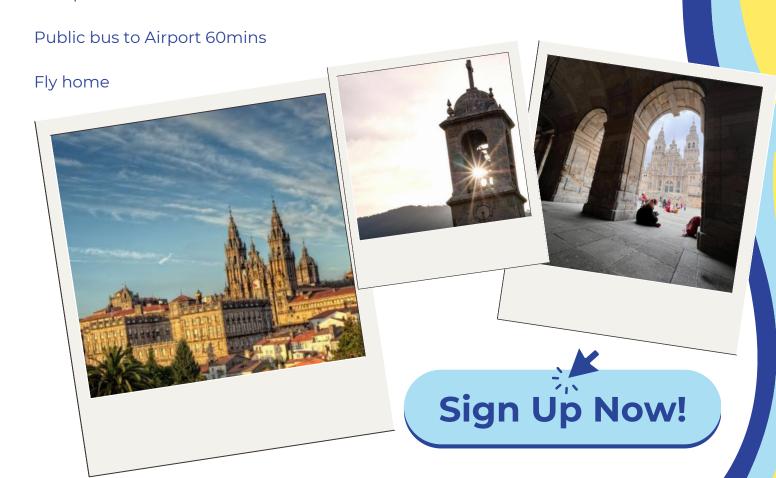
As you continue your walk, we will gradually approach Santiago de Compostela through forests, fields, and smaller settlements. The excitement of nearing the end of our journey will likely keep us motivated! The cathedral's spires will come into view as we approach the iconic Plaza del Obradoiro, where all pilgrim routes converge. You'll feel like a deserved rest so relax for a while in the square and share the moment with fellow pilgrims from all over the world.

Overnight stay: Santiago de Compostela

Daily Walking - 23km / 14 miles

Day 8 - Sunday

There is a special mass/blessing for pilgrims at the cathedral each day at 11.30am. We will go to the Pilgrims office nearby to get our final stamp in our 'Credential' and have it certified. The museum is worth a visit or you can spend the day walking the medieval streets and arcades of Santiago de Compostella.



COSTS AND FUNDRAISING

- The cost of the 8 day itinerary is £1295 per person.
- Flights costs are extra. Participants book their own flights when their place is confirmed.



Option One - Self Funding

- Participants pay a non-refundable deposit of £295 at the point of booking
- Alexander Devine confirm your place and you then book your flights
- 12 weeks before the trip the balance of £1,000 is due (20th June 2025)
- Participants can pay the balance in instalments
- Participants commit to raising a minimum of £750 in sponsorship (excluding Gift Aid)

Option Two - Sponsorship

- Participants pay a non-refundable deposit of £295 at the point of booking
- Alexander Devine confirm your place and you then book your flights
- You start fundraising to raise a minimum of £2,000 in sponsorship (excluding Gift Aid) from which the charity will use £1,000 to pay the balance of your trip costs.

Note:

- 80% of the £2,000 (£1,600) must be raised by 12 weeks before the trip.
- The remaining 20% (£400) must be raised within 2 weeks of the event
- You can choose to top up your fundraising personally
- If you dont raise/donate the required amount your place will be cancelled.

If you have any questions please contact Anne:
anneb@alexanderdevine.org
01628 822777
Sign Up Now!

Terms and Conditions

- When you register you must agree to the full Terms and Conditions of the challenge. These are available on our website: www.alexanderdevine.org/camino
- Please do not book flights until you have confirmation from us of your place.
- If you choose Option 2 (Sponsorship) you must make anyone who sponsors you aware that their donation will partly cover the trip costs.

THE DETAILS:

Fitness



You will be walking 18km a day for multiple days. A reasonable level of fitness is required (but you don't need to be an athlete!) It's much more important that you can manage your own routines, (ie getting up and out quickly in the morning, self-care, food, hydration, hygiene and foot care.) Pre-existing medical conditions and/or recurring injuries are very likely to resurface during 6 days of walking. As the week goes on, participants will naturally fall into different groups as everyone walks at a different pace. The route is well marked so you can self guide yourself if you wish.

Technical Skill

The Camino is well signposted, so expert skill in navigation is not necessary. It is a relatively achievable and safe entry point for those who are new to this type of adventure. Walking poles are recommended and practice walks are encouraged/prior to departure.

Accomodation

We will use a range of 2/3 star accommodation choices. Usually, 2-3 participants will be sharing a bedroom. Please ask us if you would like to pay a single supplement (subject to availability) Your luggage will be transferred between accommodation each day.

Food

Breakfast and Dinner is included. Participants organise their own lunches as we go. There are many choices of cafés and supermarkets each day. Breakfast is either at the accommodation or a continental 'grab and go' style supplied by the Guide. Evening meals will be either at the hotels or local restaurants.

Training Walk

We will arrange a day in summer 2025 when we can get together to complete a training walk. As well as having the opportunity to get to know each other and our guides this will be a good opportunity to get tips on how to look after ourselves during the trek and during training.

Options

- As you are booking your own flights it is possible to extend your trip
 at the start or end and to invite family or friends to be with you
 before or after the trekking.
- Some people prefer to pack light and trek with their packs to add to the challenge.
- If you would like to join the group just for the last couple of days of the challenge please contact Anne to discuss the options



THE DIFFERENCE YOU

CAN MAKE

WHAT IT COSTS

The specialist care and support is free of charge for families. But it costs

over £3million each year

just to maintain our current level of care.

With very minimal government and NHS funding, 83% of what our charity needs to meet the cost of running our service, comes from donations, fundraising and gifts in Wills.

This means for every one hour of specialist care and support that we provide to each child and their family, only 10 minutes is funded by statutory sources.





The support we receive from individuals, businesses, schools, community groups, clubs and volunteers enables us to run our vital children's hospice service across the whole of Berkshire and the surrounding counties



HOW CAN **CHANGE LIVES**





£17 **£**5

could provide a memory box for a bereaved family, full of things to treasure forever

£118

could pay for a visit from a Clinical Nurse Specialist to help improve a child's quality of life through symptom management



could give a child with complex healthcare needs an hour of specialist care from an Alexander's Nurse

£961/

could pay for a Splash session in our hydrotherapy pool, time for a family to come together and have fun

would fund a day at our hospice for a seriously-ill child, with plenty of fun and play as well as specialist clinical care

£442 £1,440

could pay for a child with complex healthcare needs to stay with us overnight at the hospice

Ready, set... FUNDRAISE!





How to raise

£1000 towards

your challenge

Bag Pack £200

Ask your local supermarket if you and your friends can bag pack for donations. You can also help spread the word about us!



Cake Sale

Sell 25 cakes for £2 each (£50 or charge 10 friends £5 to enter a bake off contest.

Summer BBQ £160

Sausages, burgers, fish or veggie. Ask for donations and hold a raffle!

Auction of services

From DIY to dog-walking, car-washing to gardening, 5 jobs at £10 each.

£250

could fund everything our specialist play team need a month to give children opportunities for play.



3500

Collection tins £40

Put our tins at work, your local shop, school gym or pub.

£576

could pay for six Splash
sessions in our
hydrotherapy pool, time for
a family to spend time
together and have fun!

Table top sale £80

Make, decorate or donate items, or sell unwanted items on eBay. Ask our team for seasonal items you can sell for us.



750

Casual dress in the office £50

Pick a theme and charge £2 for your colleagues to take part, add a cake sale to raise even more.

700

Quiz night £120

Invite 20 people at £6 per ticket. Your local pub may well donate the first drink!

£884

would fund two days at our hospice for a child with a life-limiting or lifethreatening condition.

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Match Funding

Many companies will match fund your fundraising up to £250.

You did it!

Congratulations! Now you are ready for your challenge!

And thank you, your fundraising will make a huge difference.



Any questions? Contact Anne



anneb@alexanderdevine.org



01628 822777



www.alexanderdevine.org

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